



O'FALLON PANTHER BASEBALL

WINTER FUNDAMENTALS CLINIC

FEBRUARY 14TH & 15TH

GRADES: 3RD—8TH

COST: \$60.00

REGISTRATION AND PAYMENT: WWW.OFALLONPANTHERBASEBALL.COM

Winter Instruction Schedule

Sunday, February 14th, 2010

12:30pm-1pmRegistration/Attendance

1pm-4pmDefensive Skills

Monday, February 15th, 2010 (Presidents Day—No School)

9am-9:15 amAttendance/Registration

9:15am-12:15pmOffensive Skills

12:15pmT-Shirt Distribution/Group Picture

12:30pmLunch Provided (Pizza & Gatorade)

Individual Instruction Emphasis:

** Fielding, bunting, hitting, infield play, throwing and catching, base running and outfield play **

INSTRUCTIONAL SESSIONS

The O'Fallon Panther Baseball Staff and Players will offer youth players an opportunity to receive quality instruction in the fundamentals of baseball. The 2 day camp will feature intense concentration on fundamentals, the cornerstone in the development of any player. Hustle, hard work, the desire to improve and the development of a positive attitude about the game will be ingrained by our quality staff and players.

There will be a special emphasis placed on hitting and defense. Teaching stations will include programs designed to improve bunting, base running, throwing, and defensive techniques common to all positions. Drills that are used in the panther baseball program will be the focus of the instruction. These drills are designed for players to use throughout their baseball career.

FACILITIES

The instructional sessions will be held at O'Fallon Township High School. All indoor athletic facilities will be utilized during this camp to complete both the defensive and offensive sessions.

THE COACHING STAFF

The instruction is led by the O'Fallon Panther Baseball coaching staff. In addition, the staff will feature current Panther Baseball players, panther baseball alumni, as well as special guests from metro east baseball.

The Panther Baseball program has been one of the most successful in the Southwestern Conference and St. Louis Metropolitan Area in recent years, placing 3rd in the IHSA state tournament in 2006 & 2009 and is currently the winningest baseball program in the history of the state of Illinois.

IMPORTANT

Please send application form, a signed waiver, and full payment to O'Fallon Township High School, attn: Jason Portz. Please make checks payable to "OTHS Baseball" Please write the participants FULL NAME on the check. Allow 5-7 days for processing prior to receiving an e-mail or phone confirmation.

✓ **Registration information can also be emailed to portzj@oths.k12.il.us.**

✓ **Application forms, Registration, and On-line payment are all available at www.ofallonpantherbaseball.com**

✓ **Equipment**

Campers should wear athletic wear, including athletic shorts or sweatpants, t-shirt or sweatshirt, hat and tennis shoes suitable for indoor athletic surfaces. Campers should also bring their own, glove, bat, helmet and a small water jug.

✓ **Check-In**

Registration will take place in the front foyer of The O'Fallon Township High School Panther Dome starting at 12:30 the first day of the clinic.

✓ **Cost:**

\$60.00 includes a camp t-shirt and lunch the final day. Please make checks payable to "OTHS Baseball" or you can submit payment with a credit/debit card at www.ofallonpantherbaseball.com